

# Curriculum Vitae

## Personal Details

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Residing in Kilkivan, Queensland Australia since August 2018

## Education

September 2004-2009 Master's Programme Policy, Management and Health Care  
Erasmus University, Rotterdam (not completed)

February 2007-March 2008 Business Administration II, NCOI [Dutch Commercial Educational  
Institution]

October 1993-September 1998 Registration path to Clinical Psychologist/Primary Care  
Psychologist, Amsterdam

September 1993-September 1998 Training in Psychotherapy, Cognitive Behaviour Therapy,  
Systemic therapy, RINO [Regional Institutions for Post-Graduate  
Courses and Training] North Holland, Amsterdam

May 1993-June 1994 Foundation course in Sexology, PAOG [Post Academic Medical  
Education] and NVVS [Dutch Scientific Society for Sexology],  
Rotterdam

December 1988-December 1992 Clinical and Health Psychology, University of Leiden

## Registrations

18 January 2006 Clinical Psychologist  
31 August 1999 Health Psychologist  
17 October 1998 Psychotherapist  
April 1995 Primary Care Psychologist  
16 December 1992 Psychologist (Master of Clinical and Health Psychology)  
December 1992 Basic certificate in Psychodiagnostics

## Courses

17 June-3 July 2017 Capita Selecta; Personality Disorders, Athens, Greece  
25 May-10 June 2016 Capita Selecta; Personality Disorders, Split, Croatia  
October 2015 Capita Selecta; General Psychiatry, Curaçao  
5-13 June 2015 Capita Selecta; Personality Disorders; Benecke; Budapest,  
Hungary  
31 May-7 June 2014 Capita Selecta; Personality Disorders; Benecke; Berlin, Germany  
February 2014 Capita Selecta; General Psychiatry, Benecke; Cape Town, South  
Africa  
October 2013 Capita Selecta; Personality Disorders, Benecke; Lisbon, Portugal  
May 2013 Capita Selecta; General Psychiatry, Benecke, Barcelona, Spain  
7-12 October 2012 Impulsiveness in all its forms, implications for clinical practice,  
Benecke, Barcelona, Spain  
20-25 May 2012 Capita Selecta; Personality Disorders, Benecke; Marrakesh,  
Morocco

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9 September 2011-20 April 2012	Diagnostics and treatment of ADHD in adults, Knowledge Centre ADHD in adults, The Hague
August 2011	EABCT; Iceland
5-10 June 2011	Capita Selecta; Personality Disorders, Benecke; Istanbul, Turkey
27 January 2011	Body and Harm, Somatics in long-stay psychiatry, Lentis
9-11 August 2010	Treating Problem Behaviours, in-company, R. Greenwald
4 November 2009	Masterclass: Prof. Dr Kim Putters, Governing with the Devil's Elastics
May 2009	TZAS, (team-oriented care of aggression and shocking events), in-company training PBG
February 2005	Training in Provocative Management by Jaap Bron
October 2002	Expert training in Interpersonal Psychotherapy, Ockenburgh Holding BV
May 2002	Double Diagnosis, Trimbos Institute
October 2001	In-company training in Ethics, Care Consultation Netherlands
October 1997-January 1998	Course in Schizophrenia, Psychoses, New Treatment Methods for People with Hallucinations, RINO North Holland, Amsterdam
October 1997-December 1997	Interpersonal psychotherapy for depression
March 1997-April 1997	Neuropsychological Diagnostics, Radboud University Nijmegen [formerly Catholic University Nijmegen]
1997	Course in DGT, dialectical behaviour therapy (Linehan)
November 1996	Training 'Dealing with Aggression', Synopsis, Noordwijkerhout
October 1996-December 1996	Structural diagnostics, PEN [Psychodiagnostics], Nijmegen
January 1995-June 1995	Postgraduate training in Psychodiagnostics, PEN Nijmegen
1995	Lieberman training
March 1992	Interview training HDI [Helen Dowling Institute], Rotterdam

**Work Experience**

March 1993-August 2018	<b>Self-Employed</b> as Primary Care Psychologist/Psychotherapist (full-time from June 2011-August 2018)
June 2010-June 2011	<b>Bouman GGZ</b> [Mental Health Care] Final responsibility for long-stay and forensic mental health care

Final responsibility, specifically for forensic mental health care and a large part of long-stay care (the forensic ACT team, the forensic outpatient clinic, several F-ACT teams in long-stay care). Forensic mental health care had to be re-established and directed, given a vision and a mission with a view to both internal and external chain partners. The team had to be educated, composed and directed.

Member of the COP; the Cluster Consultation Portfolio Managers of the Cluster for Treatment and Counselling.

Developer of the breeding ground within long-stay forensic mental health care for young basic psychologists with a possible option of achieving a PIOG (psychotherapist in training) placement.

Results obtained:

lifted the forensic mental health team to a reasonable level within one year. Ran a digiboard, got the ACT team to function in a more ACT-worthy way, placed psychologists in their roles. Placed the person(s) with final responsibility (two within LFZ [long-stay forensic mental health care] in total) into the role of BEV. Started the breeding ground for basic psychologists.



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June 2010-June 2011

**Practical Trainer for Clinical Psychologist BIG** [Professions in Individual Healthcare]

Supervised two GIOs (clinical psychologists in training) during their training as specialists. At the end of 2011, one of them graduated successfully. For the year 2011-2012, three extra GIO placements were requested. Wrote the training plan for Psychologists (from HBO [Higher Vocational Education] Psychologist to PhD student) in collaboration with my colleague practical trainer for health psychologists and the training manager.

January 2004-September 2009

**Parnassia Bavo Group:**

Team manager social addiction care  
Brijder Addiction Care, part of the Parnassia Bavo Group in Haarlem.

Person responsible for content of the social addiction care team (care mentorship, methadone clinic, living room (start-up) project, consumption space, assisted living)  
Managing approx. 50 people, responsible for approx. 600 patients.  
Chairperson of working party for starter jobs; chairperson of project group dosing under supervision with current clientele; chairperson of project group consumption space; member of project group living; member of project group DBC (diagnosis-treatment combinations) development; member of working party on content of DBCs.  
Member of project group EPD (electronic patient file), member of working party on content of EPD. Chairperson of the evaluation of care mentorship and its methodology.  
Member of project group unilocation, member of project group outpatient clinic forensic addiction. Participant in Schakelstation [Switch Station], team guidance. Participant as manager in the habitual offenders consultation/project in Haarlem.

In collaboration with GGZ InGeest [in Mind]: member of the task force Addiction and Psychiatry. After this was discontinued, I was asked to become a member of the task force for Personality Disorders.

2005-2006

Member of the care advisory body and therefore chairperson of the management subprogramme on social addiction care.

2007-2008

Research into client profiles within social addiction care conducted by Prof. Dr G. Schippers

May 2009

Appointed within the outpatient clinic forensic addiction in Haarlem to be newly established.

2 June 2005

Organised the first national Double Diagnosis congress "Samen Sterk" [Strong Together] in collaboration with Dr Elsbeth de Ruijter.

A collaboration of GGZ De Geestgronden en Addiction Care Brijder.

Results obtained:

Patient logistics, patient digiboard, treatment plans and their evaluations, drove back absence through illness from 11% to 4% in collaboration with my dual manager.  
Collaboration GGZ, collaboration crisis department GGZ.



Established consultation on double diagnosis of patients in collaboration with GGZ, in addition, consultation with difficult people.

**Referee:** Prof. Dr G.M. Schippers.

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1999-2003 **Robert Fleury Foundation:**

2002-2003 Responsible for content at Training centres and the Double Diagnosis day clinic, Robert Fleury Foundation in Leidschendam

2002-2003 Clinical Psychologist/Psychotherapist, location 1 LZA Robert Fleury Foundation in Leidschendam

1999-2001 Clinical Psychologist/Psychotherapist, Robert Fleury Foundation MFE [multifunctional unit] Zoetermeer.

2001-2003 Member of the Ethics Committee

Results obtained: Founder, initiator of Double Diagnosis day clinic  
Co-founder Training centres.  
Founder first psychosis project.

**Referee:** R. Meyers, psychiatrist



1994-1999 **Langeveld Centre for Psychiatry:**

Clinical Psychologist, Primary Practitioner of three departments of the residential psychiatry department  
Sector Rehabilitation and Care Dune and Bulb-Growing area, GGZ Rijnland in Noordwijk/Noordwijkerhout.

1997-1999: Member of the Review Committee for Psychiatric Homecare and Case Management, region South Holland-North.

1997: Associated with the international multicentre study of L.R. Valmaggia M.Sc.: 'CBT with persistent positive symptoms' as a cognitive behaviour therapist, under the direction of Prof. N. Tarrier, University of Manchester, UK, and Dr C. Slooff, University of Groningen, the Netherlands.

Results obtained: Established and implemented treatment plans  
Implemented CBT for people with schizophrenia

**Referee:** P. Wijvekate, manager of the residential psychiatry department (died in 2005)

1993-1994 Psychologist, **RIAGG** [Regional Institution for Outpatient Mental Health Care] **Zuidhage** in The Hague  
Participant in aggression project and trauma project

1992-1993 Psychologist, work experience placement **Convalescent Home Zoneduin** in Bloemendaal

1992 Interviewer, Partner Loss Project, **Hellen Dowling Institute**, in Rotterdam

### Organisations

21 January 2010: Symposium "Double focus on ADHD; Issues of Youth and Adults". Participant in congress committee.

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11 June 2009: Internal symposium GGZ InGeest of the task force on Personality Disorders, "Becoming attached to the Guideline".

1 April 2009: Co-organiser of the national symposium "AD(H)D, a hype?" (Differential) Diagnostics and Comorbidity.

2 June 2005: In collaboration with Dr Elsbeth de Ruijter, organiser of the national symposium of the PCP (Chronic Psychiatry Platform): "Chronic Psychiatry and Chronic Addiction Care, Strong Together"

### Publications

"Client profiles within social addiction care". Ina W.K. Bakker M.Sc., Hans van Heel M.Sc. and Prof. Dr Gerard M. Schippers. Late 2009; never published, however written with a view to being published.

"A compulsory measure for alcohol problems"; case history description: Addiction, Journal on Addiction Problems, Volume 3, number 2 2007. Pages 46-51.

### Published Interviews

"Addiction, how do you start, how do you stop", Health Groene Land Achmea. Volume 9, no. 1 spring of 2009, page 56. By Jonette Vochteloo.

"You're getting older, Junkie!", Haarlems Dagblad [local newspaper Haarlem], 26 June 2007

"How to deal with this anxiety?" Under the spell of anxiety, 9 questions for clinical psychologist Ina Bakker; Esta, no. 23. 7 up to and including 20 November 2005

### Research

Research into client profiles within care mentorship. Health care company Brijder Addiction Care, part of the Parnassia Bavo Group, conducted by Prof. Dr Gerard M. Schippers.

### Secondary Functions

2006 until 2010	Chairperson of ROEP (Regional Consultation Primary Care Psychologists) Kennemerland/Haarlemmermeer
2005 until 2011	Management position (acting secretary) Schizophrenia and Psychosis Department; VGCT (Association for Behaviour Therapy and Cognitive Therapy)
2004 until 2011	Member of core group PCP (Chronic Psychiatry Platform)
2004 until 2006	Vice-chairperson/secretary ROEP Central, South Kennemerland
2004 until 2009	Supervisor of peer-to-peer groups for registration ELP [Primary Care Psychologist]
1999 until 2001	Member of the circuit group Adults Short-Term of the Regional Plan for Mental Health Care 2000-2005
1993 until 2018	Primary Care Psychology/Psychotherapy/Sexology practice.
1989 until 1999	General practitioner-backup.



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**Explanation of current psychology structure in the Netherlands:**

University for Psychology: Bachelor of Psychology and Master of Psychology (formerly First-Year Examination and Master's Examination), followed by:

2-year training as GZ (Health Care) Psychologist, followed by:

(possible 2-year training as Primary Care Psychologist; this programme no longer exists)

4-year training as psychotherapist or

4-year training as Clinical Psychologist/Psychotherapist as a specialist (such as a heart surgeon or oncological surgeon)

**During my training period, it went as follows:**

University for Clinical and Health Care Psychology with the title M.Sc. in psychology followed by:

Training in Primary Care Psychology, followed by:

Training in Psychotherapy (cognitive behaviour therapy and systemic therapy with 30% psychoanalysis therapy)

Including the following training at the same time:

Clinical Psychologist (specialist)

Because the training as a Health Psychologist started in 1998 and I graduated as a psychotherapist in 1998, I was able to obtain the title of Health Care Psychologist in 1999.



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